

HILLS INTERNATIONAL GOLF ACADEMY GOLF TIMETABLE

TALENTED JUNIOR GOLF PROGRAM

(8 periods training/7 periods tournament golf/4 periods gym programs)

SCHOOL PERIODS	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY	
HOMEROOM 8.50 – 9.15						HILLS GOLF CLUB COMPETITION OR SCHEDULED TOURNAMENTS	SCHEDULED TOURNAMENTS	
PERIOD 1 9.15 – 9.55								
PERIOD 2 9.55 – 10.35								
MORNING TEA 10.35 – 11.00								
PERIOD 3 11.00 – 11.40						11.00AM-5:00PM ADDITIONAL TUITION FOR HIGA STUDENTS DURING TERM DATES ONLY PLEASE REFER TO GOLF ACADEMY FOR AVAILABLE SESSION TIMES	8:30AM-5:00PM ADDITIONAL TUITION FOR HIGA STUDENTS DURING TERM DATES ONLY PLEASE REFER TO GOLF ACADEMY FOR AVAILABLE SESSION TIMES	
PERIOD 4 11.40 – 12.20			ALL STUDENTS TEE OFF 12:15pm					
PERIOD 5 12.20 – 1.00			GOLF TOURNAMENT					
LUNCH 1.00 – 1.55	PROGRAM TRAINING FROM 1.45PM			PROGRAM TRAINING FROM 1.45PM				
PERIOD 6 2.00 – 2.40	PROGRAM TRAINING			PROGRAM TRAINING				
PERIOD 7 2.40 – 3.30	PROGRAM TRAINING			PROGRAM TRAINING				
ADDITIONAL 3.30 – 4.45	PROGRAM TRAINING	GYM PROGRAM		PROGRAM TRAINING	GYM PROGRAM			
ADDITIONAL 4.45 – 5:30	ADDITIONAL GYM	GYM PROGRAM			GYM PROGRAM			
ADDITIONAL 6:00 – 7:00	ADDITIONAL GYM	GYM PROGRAM			GYM PROGRAM			
ADDITIONAL 7:00 – 8:00	ADDITIONAL GYM	GYM PROGRAM			GYM PROGRAM			